

# Nice to meet you.

At McAlister's, great food is a labor of love, and we love sharing it with our friends. We're proud to offer real, handcrafted food made from wholesome ingredients and our freshly brewed, Famous Sweet Tea. Our menu has something for everyone. Every sandwich, salad, spud and beverage is made special just for you, just the way you want it.

We always want to provide that little something extra—a warm greeting and a smile, cookies right out of the oven, a second, third, tenth refill, extra lemons...you get the idea. We welcome everyone and offer a table where you can sit, chat and settle in for a while.

We are McAlister's, but this is your place too.



**GREAT FOOD**  
*brings us together*



## CATERING

We believe in the unfailing promise of good food bringing people together. We bring our best to any special event you're hosting. You can count on us for everything—from setup to the smallest details, we've got you covered.

[Mcalistersdeli.com/catering](http://Mcalistersdeli.com/catering)

LET'S STAY CONNECTED



GREAT FOOD BRINGS US TOGETHER

*Crafted*  
**SANDWICHES**



*Fresh* SALADS



*Giant* SPUDS



*Hearty* SOUPS



*Famous*  
**SWEET TEA**



*House-baked*  
**COOKIES**



**AND SO MUCH MORE**



**ON THE Go?**

ORDER WITH THE **MALISTER'S APP**  
OR AT **MALISTERSDELI.COM**

# SALADS SANDWICHES

Add **AVOCADO** (80/40 calories) to any salad  
Try any salad with **SPINACH!** (subtracts 5 calories)

Served with choice of side (adds 60–250 calories). Add **BACON** (50/25 calories) or **AVOCADO** (80/40 calories) to any sandwich

## SAVANNAH CHOPPED SALAD

Grilled chicken, dried cranberries, Gorgonzola, honey roasted almonds, tomato and cucumber on mixed greens (480 Cal/240 Cal)  
Try it with **SHERRY SHALLOT** dressing.

## GARDEN SALAD

Cheddar-jack, tomato, cucumber and croutons on mixed greens (310 Cal/150 Cal)

WITH A SCOOP OF **HARVEST CHICKEN SALAD\*** (820 Cal/400 Cal)  
\*This product contains pecans

## SOUTHWEST CHICKEN & AVOCADO SALAD

Grilled chicken, roasted corn, poblano and black bean relish, red onion, tomato, cheddar-jack, blue corn tortilla strips and avocado on mixed greens (630 Cal/310 Cal)

Try it with **CHILI LIME VINAIGRETTE** dressing.

## GRILLED CHICKEN SALAD

Grilled chicken, bacon, cheddar-jack, tomato, cucumber and croutons on mixed greens (500 Cal/250 Cal)

## CHEF SALAD

Diced turkey and ham, bacon, cheddar-jack, tomato, cucumber and croutons on mixed greens (480 Cal/240 Cal)

## CAESAR SALAD

Parmesan, croutons and romaine lettuce, served tossed with **CAESAR** dressing (730 Cal/460 Cal)

WITH **GRILLED CHICKEN** (880 Cal/530 Cal)

## Dressings

Dressing served on the side except Caesar.

**McALISTER'S HONEY MUSTARD™** (390 Cal/260 Cal)

**BUTTERMILK RANCH** (300 Cal/200 Cal)

**SHERRY SHALLOT** (450 Cal/300 Cal)

**CHILI LIME VINAIGRETTE** (240 Cal/160 Cal)

**CHIPOTLE RANCH** (420 Cal/280 Cal)

**THOUSAND ISLAND** (330 Cal/220 Cal)

**CAESAR** (570 Cal/380 Cal)

**OLIVE OIL & BALSAMIC VINAIGRETTE** (210 Cal/140 Cal)

**FAT-FREE CHIPOTLE PEACH** (180 Cal/120 Cal)

**FAT-FREE RASPBERRY PECAN VINAIGRETTE** (130 Cal/90 Cal)

## SHAREABLES

### NACHO BASKET

RO\*TEL® cheese dip, jalapeños and tortilla chips (1,000 Cal/510 Cal)

### ULTIMATE NACHOS

Chili, RO\*TEL® cheese sauce, cheddar-jack, tomato, black olives, jalapeños, green onion, avocado and sour cream on tortilla chips (1,180 Cal/590 Cal)

## SOUPS

**CUP** • (60–360 Cal)

**BOWL** • (90–540 Cal)

**ADD BREAD BOWL** • (adds 500 Cal)

PREMIUM ENTRÉE VEGETARIAN GLUTEN-SENSITIVE

# SANDWICHES

## CLUBS

### THE McALISTER'S CLUB

Smoked turkey, Black Forest ham, bacon, sharp cheddar, Swiss, spring mix, tomato, mayo and McAlister's Honey Mustard™ on wheat (820 Cal/410 Cal)

### McALISTER'S CLUB WRAP

In a wheat wrap (780 Cal/390 Cal)

### GRILLED CHICKEN CLUB

McAlister's Club with grilled chicken in place of ham and turkey (830 Cal/420 Cal)

## GRAVEABLE CLASSICS

### HAM & CHEESE MELT

Black Forest ham, Swiss, mayo, spicy brown mustard and tomato on toasted ciabatta (710 Cal/360 Cal)

### FOUR CHEESE MELT

Provolone, Swiss, cheddar, Parmesan and tomato on toasted ciabatta (670 Cal/340 Cal)

### FRENCH DIP

Black Angus roast beef and melted Swiss on toasted baguette, served au jus (530 Cal/340 Cal)

### THE NEW YORKER

Corned beef, pastrami, Swiss and spicy brown mustard on marbled rye (750 Cal/410 Cal)

### THE ITALIAN

Black Forest ham, salami, provolone, house-roasted multicolored peppers, spring mix, tomato, red onion, black olives, Olive Oil & Balsamic Vinaigrette and spicy brown mustard on baguette (790 Cal/430 Cal)

### KING CLUB

Twice the ingredients of the McAlister's Club on country white (1,190 Cal/590 Cal)

### ORANGE CRANBERRY CLUB

The McAlister's Club with Orange Cranberry sauce in place of honey mustard (770 Cal/380 Cal)

### BLACK ANGUS CLUB

Black Angus roast beef, bacon, sharp cheddar, Swiss, red onion, spring mix, tomato, horseradish sauce and mayo on wheat (850 Cal/430 Cal)

### HARVEST CHICKEN SALAD\*

Chicken salad with cranberries and pecans, spring mix and tomato on croissant (680 Cal/340 Cal)

\*This product contains pecans

### GRILLED CHICKEN

Grilled chicken with spring mix, tomato, Swiss and McAlister's Honey Mustard™ on croissant (560 Cal/280 Cal)

## BIG & BOLD

### MEMPHIAN

Smoked turkey, Black Forest ham and Black Angus roast beef, provolone, spring mix, tomato, mayo and spicy brown mustard on baguette (650 Cal/360 Cal)

### REUBEN

Corned beef, sauerkraut, Swiss and Thousand Island dressing on marbled rye (900 Cal/450 Cal)

### RACHEL

Substitute turkey for corned beef (800 Cal/400 Cal)

## SIDES

Included with whole sandwich.

**SPUD CHIPS** (220 Cal)

**MAC & CHEESE** (220 Cal)

**POTATO SALAD** (250 Cal)

**STEAMED BROCCOLI** (80 Cal)

**TOMATO & CUCUMBER SALAD** (170 Cal)

Premium Sides • Add

**FRESH FRUIT** (60 Cal)

**SUPERFOOD SLAW\*** (210 Cal)

\*This product contains almonds

**CUP OF SOUP** (60–360 Cal) or

**SIDE SALAD** (150–460 Cal)

## FRESH FAVORITES

### THE VEGGIE

Spinach, tomato, cucumber, red onion, house-roasted multicolored peppers, avocado and herb mayo on 9-Grain (480 Cal/340 Cal)

### GARDEN FRESH TURKEY

Smoked turkey, avocado, spinach, tomato, Swiss and Olive Oil & Balsamic Vinaigrette on 9-Grain (770 Cal/340 Cal)

## SAVORY & SPICY

### JALAPEÑO TURKEY CRUNCH

Smoked turkey, jalapeño spud chips, bacon, pepper jack, avocado and mayo on toasted jalapeño roll (1,040 Cal/520 Cal)

### SPICY TURKEY MELT

Smoked turkey, bacon, pepper jack, avocado, chipotle ranch, spring mix and tomato on toasted baguette (730 Cal/400 Cal)

### HORSERADISH ROAST BEEF & CHEDDAR

Black Angus roast beef, sharp cheddar, red onion and horseradish sauce on toasted ciabatta (660 Cal/330 Cal)

### GRILLED CHICKEN CAESAR WRAP

Grilled chicken, Romaine, Parmesan and Caesar dressing (850 Cal/430 Cal)

### BLT+A

Applewood smoked bacon, spring mix, tomato, avocado and herb mayo on country white (860 Cal/430 Cal)

### SWEET CHIPOTLE CHICKEN

Grilled chicken, sharp cheddar and spicy sweet chipotle peach sauce on toasted ciabatta (630 Cal/310 Cal)

### SPICY SOUTHWEST CHICKEN

Grilled chicken, roasted corn, poblano and black bean relish, pepper jack, avocado and chipotle ranch on toasted jalapeño roll (900 Cal/450 Cal)

### SMOKY PEPPER JACK TURKEY

Smoked turkey, bacon, pepper jack and McAlister's Honey Mustard™ on toasted ciabatta (780 Cal/390 Cal)

## SPUDS

### JUSTASPUDD

With sour cream on the side (710 Cal/360 Cal)

**ADD BACON** (50 Cal/25 Cal)

**ADD CHEDDAR-JACK** (220 Cal/110 Cal)

### BLACK ANGUS ROAST BEEF SPUD

Black Angus roast beef, red onions and cheddar-jack, served au jus (1,020 Cal/520 Cal)

### VEGGIE SPUD

Spinach, broccoli, red onion, house-roasted multicolored peppers and RO\*TEL® cheese sauce (910 Cal/460 Cal)

### CHIPOTLE CHICKEN & BACON SPUD

Grilled chicken, bacon, cheddar-jack, chipotle ranch and green onion (1,200 Cal/600 Cal)

### SPUD MAX

Ham, turkey, bacon, cheddar-jack, green onion, black olives and sour cream (1,070 Cal/530 Cal)

## Spud Extras

RO\*TEL CHEESE SAUCE (210 Cal/110 Cal) OR CHILI (180 Cal/90 Cal)

BUTTERMILK RANCH (300 Cal/150 Cal)

## choose 2

HALF SANDWICH • CUP OF SOUP • HALF SALAD  
HALF SHAREABLE • HALF SPUD

PREMIUM ENTRÉES additional charge

## BEVERAGES

**McALISTER'S FAMOUS TEA** (SWEET OR UNSWEET) (150/0 Cal)

**PURE CANE SUGAR LEMONADE** (250 Cal)

**LEMONADE TEA** (220 Cal/120 Cal)

**GALLONS TO-GO** (0–250 Cal)

WITH "THE WORKS"  
Add cups, sweeteners, lemons and straws

Add a Flavor

**REAL FRUIT PURÉE** (adds 40 Cal)

PEACH

STRAWBERRY

BLACK CHERRY

**FOUNTAIN DRINKS** (0–190 Cal)

**BOTTLED WATER** (0 Cal)

**COFFEE** (0–5 Cal)

## DESSERTS

**HOUSE-BAKED COOKIE** (330–410 Cal)

**BROWNIE** (420 Cal)

**BROOKIE** (470 Cal)

## KIDS MENU

Age 12 and under. Kids meal comes with a side. Dine in • Take out

### 1 PICK YOUR ENTRÉE

**KIDS CHEESE TOASTIE** (280 Cal)  
With ham (330 Cal) or turkey (300 Cal)

**MAC & CHEESE** (350 Cal)

**KIDS GARDEN SALAD** (150 Cal)

**KIDS SPUD** (330 Cal)  
Choice of: cheese (adds 110 Cal), bacon (adds 25 Cal) and sour cream (adds 80 Cal)

Choice of dressing (adds 90–380 Cal) and protein: turkey (adds 50 Cal), ham (adds 80 Cal) or chicken (adds 70 Cal)

**FRENCH BREAD PIZZA** (390 Cal)

**CHICKEN & BROCCOLI BOWL** (230 Cal)

### 2 PICK YOUR SIDE

**SPUD CHIPS** (220 Cal)

**APPLESAUCE** (50 Cal)

### 3 ADD A DRINK

**McALISTER'S TEA** (80/0 Cal)

**LEMONADE** (120 Cal)

**FOUNTAIN DRINKS** (0–90 Cal)

**ORGANIC MILK** (110 Cal)

**ORGANIC APPLE JUICE** (40 Cal)

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary.

Calories for Shareables, Salads, Dressings, Sandwiches and Spuds are displayed as Whole Size/Choose 2 Size. 2,000 calories a day is used for general nutrition advice, but calories needs vary. Additional information available upon request.